



Presence Walkabout: A TeleExperience... **Creating Conditions for Presence & Possibility**

Presence Walkabout: A TeleExperience is a program specifically designed to create an opportunity for you to engage in a “virtual” process of creating individual and collective Presence.

Presence is defined here as *showing up fully, paying attention to what matters most to us and creatively living into our questions*. When we choose to be Present, be it face-to-face or in the teleconference medium a doorway opens. On this threshold there is deep silence that arises within and among us. We enter into a rhythm that connects us as solitary individuals and a community of listeners. Here, in this place we have created with our intention and attention, we can listen and hear the heartbeat of what is essential and emergent in our lives, our work and our world.

Walkabout is an indigenous tradition, a literal walking on the Land and listening deeply for inspiration, clarity and knowing. We too will engage in a “walkabout”, visiting a variety of landscapes in the form of practices, principles, and conversations designed to center and ground us within the fullness of our unique expressions of Presence.

We will do more than talk about this work. We will *become* this experience. We will leave this time together embodying a new knowing of the principles and practices of Presence we can bring to our work with others. However you name your role, as coach, facilitator, leader, guide, teacher - if you see your work as creating opportunities and openings for people to step through into new possibilities and levels of clarity, I invite you to take your place in this circle.

Some of the “landscapes” we will explore together are the use of metaphor, the power of evocative questions, dimensions of silence, journaling, specially selected reading, a variety of conversational structures, imagination, meditation, and *most “magical of all” the use of the phone to create a unique rhythm of community and solitary retreat you may not have thought possible*. Last, and certainly not least, we will explore the power of the natural landscape within your environment to deepen your capacity for Presence in your virtual connections.





The structure for this learning experience

- A circle of 10 people, plus myself.
- Four monthly 2-hour calls - a mixture of teaching, learning activities and conversation.
- Three inter-session calls 1-1/2 hours length - conversations designed to take us deeper into what questions are most alive sessions.
- A total of 12.5 hours over a period of 4 months, one call approximately every 2 weeks.
- Some suggested reading and journal writing for each of the 4 primary sessions.
- One or two self-guided “walkabouts” in a natural landscape of your choosing.
- I estimate a total commitment of about 6-8 hours per month to support your learning. This will of course vary depending upon your preferences and the level of engagement you choose for yourself.

The depth and value of this experience for you and for all of us will be significantly impacted by each of our commitments. Please keep this in the foreground as you listen for your attraction to this learning experience.

There will be two one-hour “preview” teleconference opportunities before the start of each Presence Walkabout TeleExperience. The calls are intended to share more detail with you about the experience and give you a chance to ask questions to facilitate your listening for whether this is an exploration that calls to you at this time.

For information on specific dates for the Presence Walkabout: A TeleExperience and/or the free preview calls, please visit <http://www.glennagerard.net/calendar.html>

To register for a program please contact me at glenna@glennagerard.net

I very much look forward to speaking with you.

Glenna